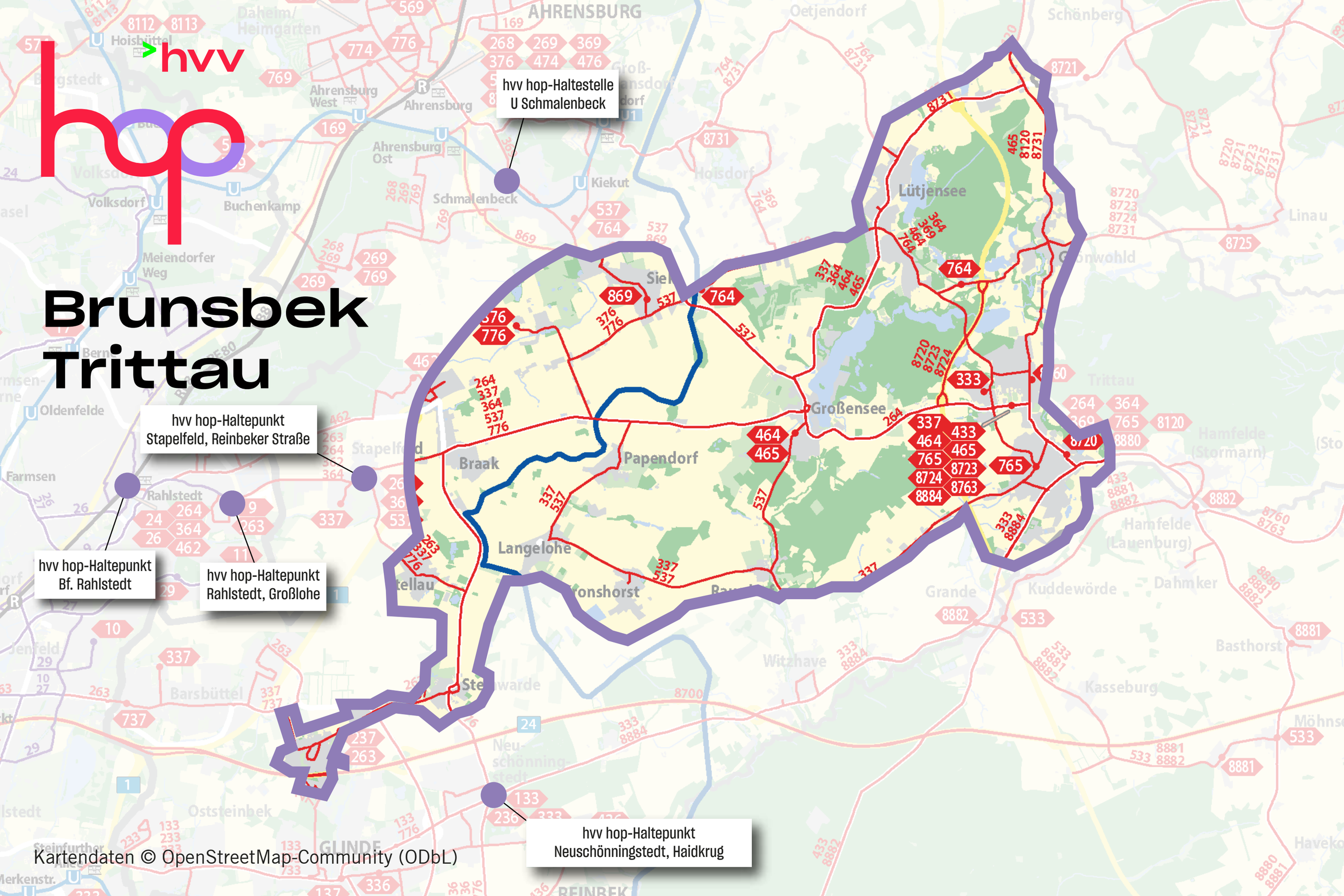Brunsbek Trittau